

TEXAS INTERSCHOLASTIC SWIMMING  
COACHES ASSOCIATION  
2010 CLINIC AND GENERAL MEETING  
SEPTEMBER 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> & 12<sup>th</sup>, 2010– AUSTIN, TEXAS  
OMNI SOUTH PARK  
4140 GOVERNOR'S ROW  
AUSTIN, TX 78744

MAIN SPEAKERS:

**JAY HOLMES**- Head Coach for Texas A & M University Men's Swim Team  
Represented A & M as a swimmer, assistant coach and head coach since 1984.  
A & M has finished in the Top 25 at NCAA's for the last 15 years.  
2005 Big 12 Men's Coach of the Year

**LANNY LANDTROOP**-37 years as a Texas High School Coach  
16 State Championships  
Produced over 300 All Americans and 3 Swimming World Mythical National  
Champion Teams

**JAY LEREW**-Head Diving Coach for Texas A & M  
Former US Olympic Diving Coach  
2001 USOC Developmental Coach of the Year  
Served as head coach for multiple US National Teams

ROOM RATE: \$99.00 SINGLE/DOUBLE (ALL RATES ARE PER NIGHT)

RESERVATIONS: Call 1-800-THE-OMNI. Information to give:  
1)2010 TISCA Swim Coaches Clinic,  
2) September 9, 10, 11 & 12 2010, Omni South Park, Austin, TX  
**Rooms are being held until AUGUST 23, 2010**

GUESTS: IF YOU HAVE GUESTS JOINING YOU FOR LUNCH ON SATURDAY,  
MEAL TICKETS WILL BE AVAILABLE AT REGISTRATION FOR \$30.00

Certificate of Attendance will be provided at Clinic.

**This year's clinic is worth 10 units of ASCA Credits**  
**ASCA ACCREDITATION TO BE GIVEN FOR CLINIC**  
Certification Credits can be obtained at [swimmingcoach.org](http://swimmingcoach.org)

### **TISCA CLINIC SCHEDULE:**

<b>THURSDAY, 9/09/10</b>	7:00/10:00 pm	EXECUTIVE BOARD MEETING-Southpark A&B
<b>FRIDAY, 9/10/10</b>	8:00	GOLF TOURNAMENT, <b>SEE TISCA WEBSITE FOR REGISTRATION FORM</b>
	9:00-12:00	ASCA Mini School- <b>Conference Center</b>
	1:00-4:00	NSPF/CPO FUSION CERTIFIED POOL OPEATOR COURSE- <b>Conference Center</b>
	1:00/5:30	REGISTRATION- <b>Oaks</b>
	1:00/5:30	EXHIBIT HALL OPEN- <b>Oaks</b>
	12:00/4:30	WATER POLO MEETING AND CLINIC- <b>Omni A</b>
	2:30/3:30	<i>RON RAPER</i> -PROCEDURAL SEMINAR- <b>102</b>
	3:30/4:30	<i>RON RAPER</i> -REGIONAL REPS- <b>102</b>
	4:45/6:00	<i>LANNY LANDTROOP</i> -ATTITUDE MOTIVATION <b>Omni ABC</b>
	6:00/6:15	REGIONAL REP & TAPPS MEETINGS- <b>Omni ABC</b>
	6:15/7:15	TYR SOCIAL/DOOR PRIZES- <b>Poolside</b>
	8:30/9:30	<i>SHANNON GILLESPIE</i> & PANEL-PLANNING THE 2010-11 SWIM SEASON. ALL NEW AND BEGINNING COACHES RECOMMENDED <b>Conference Center</b>
<b>SATURDAY, 9/11/10</b> <b>Foyer</b>	7:30 AM	CONTINENTAL BREAKFAST (INCLUDED)
	8:00/12:00	EXHIBIT HALL & REGISTRATION OPEN- <b>Oaks</b>
	8:30/10:00	GENERAL MEETING- <b>Omni ABC</b>
	9:30/9:45	OFFICIAL 'S REPORT- <b>Omni ABC</b>
	9:30/10:00	<i>TRACI NEELY-UIL REPORT</i>
	10:15/11:45	<i>JAY HOLMES</i> -TEAM BUILDING- <b>Omni ABC</b>
	10:15/11:45	DIVING MEETING- <b>Conference Center</b> <b>*Certification Test last 45 minutes of meeting</b>
	12:00/1:30	SPEEDO AWARDS LUNCHEON- <b>Omni DEF</b>
	1:30/4:00	EXHIBIT HALL OPEN- <b>Oaks</b>
	1:45/3:15	<i>LANNY LANDTROOP</i> -REVISITING DOC COUNCILMAN'S "X FACTOR" <i>JAY LEREW</i> -DIVING- <b>Conference Center</b>
	1:45/3:15	<i>JAY LEREW</i> -DIVING- <b>Conference Center</b>
	3:30/5:00	<i>JAY HOLMES</i> -DETAILS OF PREPARATION <b>Omni ABC</b>
	3:30/5:00	<i>JAY LEREW</i> -DIVING- <b>Conference Center</b>
	5:00	NIKE SOCIAL/DOOR PRIZES- <b>Poolside</b>

**SUNDAY, 9/13/09**

9:00-12:00  
7:30

\*\* 8:00/9:00

ASCA Mini School-**Conference Center**  
CONTINENTAL BREAKFAST(INCLUDED)  
**Foyer and Poolside**  
**SPECIAL POOLSIDE DEMONSTRATION**  
**Questions & Answers with *LANNY LANDTROOP***  
***AND JAY HOLMES***

We are proud to host this Clinic for High School Coaches. If we can help you in anyway, please call or ask. Best of Luck this season.

Swim Fast,  
John, T.J., Gail, Mike, and Stephanie