



Northside Independent School District UIL District 28-5A Meet Information

www.aaaa-sa.org
Posted 01/07/10

- Meet:**
- 2010 U.I.L. District 28-5A Swimming and Diving Championships
 - Championship format, i. e., preliminaries and finals
- Date:**
- January 29 and 30, 2010

Entry Deadline: 6:00 PM, Tuesday, January 19, 2010

No exceptions and no late entries!

- Venues:**
- | | |
|--|---|
| <ul style="list-style-type: none">●NISD Natatorium – Swimming●8400 North Loop 1604 West●San Antonio, Texas 78249●210-397-7525 | <ul style="list-style-type: none">●NISD Aquatics Center - Diving7001 Culebra RoadSan Antonio, TX 78238210-397-8985 |
|--|---|

- Facility:**
- Two eight-lane 25-yard racing courses, if needed
 - Seven feet minimum depth
 - All automatic Daktronics starting and timing
 - Concessions and swim shop available
 - Six-lane warm-up / cool down pool between the courses

- Waiver:**
- Teams entering this meet acknowledge, understand, and agree that the University Interscholastic League, USA Swimming, South Texas Swimming, the Northside ISD, the Alamo Area Aquatics Association, and all meet officials will be free from any and all liabilities or claims for damage arising by reason(s) of injuries to anyone during the conduct of this competition, or while traveling to or from this competition.

Cell phone

- Restrictions:**
- The presence and / or use of cell phones, and any other equipment capable of producing photographic or video images, in locker rooms is strictly and specifically prohibited at all times.
 - There are no exceptions to this prohibition.
 - Violators are subject to disqualification from the meet and disbarment from the facility.

Swim suit

- Restrictions:**
- Only one suit is permitted during competition
 - The suits must:
 - Be of one piece
 - Be constructed of woven / knit material
 - Be 100% permeable to air and water
 - Not aid buoyancy
 - Not have fastening system other than waist ties, casings, ribbing or elastic (no zippers)
 - Not extend beyond the shoulders or below the top of the kneecap and not cover the neck for women
 - Not extend above the waist or below the top of the kneecap for men
 - Swimmers found in violation of these restrictions will be banned from further competition until the violation has been remedied

- Rules:**
- 2009 – 2010 National Federation and U.I.L. Contest rules will apply
 - Championship format, i. e., preliminaries and finals
 - Seeded with individual's best season's times
 - A Meet Committee of five (5) persons, appointed by the Meet Director (two officials, two coaches and one athlete), will be the final authority on issues referred to it under authority of the Federation Rules
 - The USA Swimming Whistle Start Procedure will be in use at this meet

National Time

- Verification:**
- This meet has been approved by USA Swimming for NTV purposes
 - In order for a time from a high school championship or season ending meet to be entered into the USA Swimming (USA-S) National SWIMS Database, the athlete must be currently registered with USA-S – AND – the ath-

lete's full legal name USA Swimming ID Number must be accurately entered into the District 28-5A Meet Manager Database

- No further action by either the coach or the athlete is necessary
- ALL swims involving the backstroke will be observed by USA Swimming Certified Officials and exceptions to the technical rules will be noted to the NTV Officer on deck

- Awards:**
- Medals: Places one through three
 - Ribbons: Places four through eight
 - Plaques: Girl's Championship Team
Boy's Championship Team
Girl's and Boy's Coach of the Year
Girl's and Boy's Most Valuable Athlete

- Eligibility:**
- All athletes must meet the current UIL eligibility requirements.

- Entries:**
- Submit Hy-Tek Commlink File or disk listing an appropriate seed
 - Entries with No Times (NT) will not be accepted
 - Hard copy must be included
 - Diving sheets must be delivered to the Diving Referee no later than one hour before warm-ups
 - Northside I.S.D. cannot accept meet entries without fees attached
 - NO FAX ENTRIES
 - Prior to the first high school meet of the season, each school must have on file, in the State Athletic Office, an eligibility blank certifying their team members
 - A copy of this form MUST BE INCLUDED with your District 28-5A Meet Entry

- Relays:**
- Eight (8) individuals may be designated on back of the relay card as being eligible to compete, but it will not count as an event unless that individual actually swims.
 - Only the four (4) swimmers declared on the front of the relay card are permitted to report to the blocks and compete.
 - If the swimmers are to be correctly noted in the Final Results, the order of swimming must also be specified.
 - Relay cards for the 200-yard Medley Relay must be turned in to the Official Scorer not later than the beginning of the coaches' meeting.
 - Relay cards for the 200-yard Free Relay must be turned in to the Official Scorer not later than the start of the men's 500-yard freestyle.
 - Relay cards for the 400-yard Free Relay must be turned in to the Official Scorer not later than the start of the men's 100-yard backstroke.
 - Once relay cards have been turned in to the Official Scorer, no changes will be permitted and post-meet corrections cannot be made.

- Entry Deadline:**
- Entries and fees must be received NOT LATER THAN 6:00 PM, Tuesday, January 19, 2010

Meet Management:

- Entries Chair:**
- Peter Hay
- 8400 North Loop 1604 West
- San Antonio, Texas 78249
- 210-397-7524
- coachpeteh@gaggle.net

- Swimming Referee:**
- Mike Bertirotti
- 8603 Timber Place
- San Antonio, TX 78250
- 210-210-520-2050
- mbertiro@aol.com

- Meet Director:**
- Robert Laura
- 8400 North Loop 1604 West
- San Antonio, Texas 78249
- 210-397-7522
- robert.laura@nisd.net

- Diving Referee:**
- Jared Bitner
- 7001 Culebra Road
- San Antonio, Texas 78238
- 210-397-8987
- jjbitner@hotmail.com

- Schedule:**
- | | | | |
|-------------------------|---------|-------------------------------|---------|
| ● Friday: Diving | | ● Saturday: Swimming: | |
| Diving warm-ups | 6:30 PM | <u>Preliminary</u> warm-ups | 7:30 AM |
| Meet begins | 7:30 PM | Clear pool / coaches' meeting | 8:45 AM |
| | | Meet begins | 9:00 AM |
| | | <u>Finals</u> warm-ups | 5:00 PM |
| | | Clear pool | 5:50 PM |
| | | National Anthem | 5:57 PM |
| | | Meet begins | 6:00 PM |

Scoring:

Place ⇒	1	2	3	4	5	6	7	8
Individual	9	7	6	5	4	3	2	1
Relay	18	14	12	10	8	6	4	2

Officials:

- All officials must be currently (2009 – 2010) registered with / certified by TISCA / NFHS
- Visiting officials are welcome!

Safety:

- Northside I.S.D. Safety Guidelines and warm-up procedures will be in effect at this meet will be included in the coaches' packets

Order of Events

Women Event #	Distance (yards)	Stroke	Men Event #
1	200	Medley Relay	2
3	200	Freestyle	4
5	200	Individual Medley	6
7	50	Freestyle	8
9	One-meter Diving		10
11	100	Butterfly	12
13	100	Freestyle	14
15	500	Freestyle	16
17	200	Free Relay	18
19	100	Backstroke	20
21	100	Breaststroke	22
23	400	Free Relay	24

To: District 28-5A Swimming Coaches and Administrators

From: District 28 5-A Meet Director

Date: January, 07, 2010

Subject: 2010 District 28 5-A Swimming and Diving Championships

Above is the meet information for the 2010 District 28 5-A Swimming and Diving Championships.

In addition, the following is available on the U.I.L. Web Site at: www.uil.utexas.edu/ath/index.html#swim.

- An explanation of diving qualifications,
- Entry procedures for District and Regional Meets,
- A breakdown of the Districts and Regions, and
- State Meet information.

Immediately following the District Meet, all team members who qualify to the Regional Meet must be entered into Team Manager, a Commlink File generated and sent to the Regional Meet Director. It may be hand delivered or sent via e-mail according to instructions contained in the Regional Meet Information found at www.aaaa-sa.org.

The rules used for the U.I.L. Swimming and Diving program are the 2009-2010 National Federation Swimming and Diving Rules, which may be purchased for \$6.00 (plus shipping and handling) from:

National Federation of State High School Associations
 Customer Service
 P.O. Box 20606
 Kansas City, MO 64195-0606

Prior to the first high school meet of the season, each school must have on file, in the State Athletic Office, an eligibility blank certifying their team members. **A copy of this form MUST BE INCLUDED with your District meet entry.**